

Shelter – Away from Home

In the event of a mandatory (or volunteer) evacuation we will be looking for shelter.

Shelter is anything that provides protection against the elements. We often think of shelter in terms of a roof overhead, but even clothing can be considered a form of shelter because such items protect (or should protect) our bodies, from both hot and cold.

Tent

In an emergency situation finding shelter is one of the first things to do. Finding a suitable source of water is the second. If you find yourself in the outdoors away from ridged shelters the best shelter is a good quality tent. It is best to have one and know how to set it up by flashlight.

No Tent

A tarp, poncho or sheet of plastic can provide protection from rain, which in turn will help keep us from getting colder. Use ingenuity to find a suitable way to insulate ourselves from the cold ground.

Importance of Staying Dry

Hypothermia is a deadly killer. And the biggest factor is being wet. Even in milder conditions, being wet and then exposed to wind creates a situation of grave danger.

Importance of Shielding from the Sun

Shelter from the sun rays is just as important in hot conditions as staying dry is in the cold.

Reflective materials can be extremely effective when we are exposed to prolonged sun exposure.

Important Tips:

- Remove extra layers of clothing
- Staying hydrated is vital
- Try not to over-exert
- Get clothing wet