Basic Hygiene Supplies

Plastic bags (Heavy-duty) Twist ties

Paper products

Toilet paper
Paper towels
Sanitary napkins
Moistened towelettes
Baby wipes

Disinfectants - Soaps

Ammonia
Chlorine bleach (liquid)
Cornstarch
Disinfectant (household)
Dish Soap (all-purpose,
liquid)
Laundry Soap (liquid)

Personal

Cloth hand-towels
Fingernail clippers & files
Insect repellent
Mirror (small handheld)
Rubbing alcohol
Scrubbing brush (hands)
Vaseline Petroleum Jelly